



**Alpha Management
Community Services, Inc.
(Foster Care Services)**

**Alpha Management Services,
Inc. (I/DD services)**

Durham Office

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Website Relaunch: We are excited to be relaunching a new and improved website on 7/12/16. Check it out!!

****AMCS is excited about partnering with Duke University to train all of our Foster Parents in Together Facing the Challenges an Evidenced Based Model. This model focuses specifically on the in-home intervention elements (and creating adequate skill levels to implement these strategies effectively) and on the important role of supervision and coaching in helping treatment parents work effectively. More details to come!!****

Alpha Management Times

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Volume #3

GET READY...GET SET...FOUR THINGS ALL FOSTER YOUTH SHOULD DO BEFORE THEY TURN 18

By: Mary Lee Advocate for foster youth who age out. National nonprofit leader in children's behavioral health

Plan- You may not have taken your caseworker's written plans too seriously before, but a good transition plan will be critical to success now. Twenty-two states offer extended foster care for young people. That usually doesn't mean that you have to continue to live in a foster or group home if you don't want to, but you can get some state assistance until you turn 21. Sometimes, extended help comes with strings - like staying in school or employment. Many young people want to be free of "the system," but don't let those feelings keep you from accepting benefits that can make your first few years on your own a little easier. This can be a critical piece of your safety net, and you deserve it.

Accentuate the positive (relationships that is): Friends, teachers, mentors, former foster parents, pastors...look at all the people you know a little differently. They're your support system; and one thing you'll learn as an adult is that relationships matter. Your biological family ties may be weak or nonexistent, but you can build your own "family" from the people who care about you and want to help you as a young adult. Take the time to cultivate relationships with people who can help you. That's what adults call "networking."

Think big about your life: Take some time for self-reflection

Practice perspective: You may have a fantasy of what your life will be like after 18 or maybe a nightmare. Most are overly optimistic or overly negative

WELCOME

OUR NEW OFFICE STAFF

Monique Waters & Chay Sinclair- Qualified Professionals; Daniel Campbell & Takiyah Milton- Foster Care Coordinators in our Durham office & Charee Smith- Foster Care Coordinator in our Oxford office.

Also, a warm welcome to all of our new Foster Parents and Paraprofessionals, we could not do it without you!

*****Foster Parent Highlight*****

Ms. Linda Brown & Ms. Brenda Howard attended the 2016 NFPA Conference in Las Vegas, Nevada this year. We will post some highlights from them in the next edition.

STAFF APPRECIATION “FUN” DAY

Upcoming Events

Foster Care Group
Supervisions: Oxford Office-
July 19th at 6pm

PP Staff Group Supervisions:
TBA



FYI.....

We have a new logo!!! Our two agencies will now be under the umbrella of The Alpha Management Group.

* PSMAPP-TIPS started on 6/14/16. For more information on Becoming a Foster Parent contact Kim Van Randall at 919-419-0043 x111.

For Foster Care Appreciation Month in May AMCS sponsored in conjunction with Cardinal Innovations Healthcare Solutions a Child Trauma Training

Starting 11/1/16 there will be amendments to the Innovations Waiver program, more details to come

AMCS/AMS will be closed in observance of Independence Day on 7/4/16 and in observance of Labor Day on 9/5/16.

Alpha Management Group is seeking volunteers for their Quality Assurance /Quality Improvement committee if interested please e-mail Monica Long at mlong@alpha-community.org



On Saturday April 16th, 2016 The Alpha Management Group co-hosted a Staff Appreciation Fun Day in Oxford, NC. This was a time to fellowship, eat and learn about our array of services. Thank you to all the volunteers that made this event special.

BE IN THE KNOW:

Performance Quality Improvement Minutes (PQI) Review:

Our Quality Improvement/Quality Assurance Committee met on 6/1/16. This was the last meeting for the fiscal year July 1st, 2015-June 30th 2016. The Committee discussed the amount of satisfaction surveys that were received recapped the training event that was held in May, how we can improve our community presence, developing an internal tracking system for IRIS submissions, reviewing and approving our Cultural Competency Plan and we ended with an overview of all our projects and which ones were ongoing and which ones had we achieved or wanted to discontinue. Our Corporate compliance Officer was not able to attend but, provided some updates on the Corporate Compliance Initiatives. After the PQI committee adjourned there was a Safety/Client Rights meeting. The committee really liked the idea of having a “Safety Day” where we invite police officers, firefighters, EMT etc. to come talk about safety. The committee discussed complaints, grievances and any MCO concerns that were reported from April 1st, 2016 – June 1st 2016 to ensure there were no client rights violations. The committee did not find that there were any violations.

Did you know? June 24th is considered St. Jean Baptiste Day in Quebec & on August 1st Civic Holiday is observed in Canada



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